



# SAFETY HABITS FOR THE WINTER HOLIDAYS

1

## CHECK FIRST

Get permission from the adult in charge (e.g., parent, teacher, babysitter) before going anywhere with anyone.

2

## USE THE BUDDY SYSTEM

Stick together — it creates safety in numbers!

3

## SOME SECRETS SHOULD BE TOLD

Secrets that make you feel worried or uncomfortable need to be told to adults. If you're told not to tell, tell.

4

## TRUST YOUR INSTINCTS

Pay attention to your body's signals that warn you of danger.



## KNOW SAFE BOUNDARIES

Know inappropriate behaviour and safe and unsafe touching and picture taking.