



# 4 ROOT SAFETY ENVIRONMENTS

## 1 INTERNET SAFETY

- Always keep your personal information off the Internet.
- Always check first with your parent/guardian before sending any photographs, or using the webcam.
- Always check first with your parent/guardian before meeting in person someone you first met online. Remember: meet in a public place and bring a trusted adult with you.
- Always trust your instincts. If something doesn't seem right or makes you uncomfortable, speak to a trusted adult.
- Always talk to your parents about what you are doing online.

## 2 PUBLIC PLACE SAFETY

- If separated from your parent/guardian, stay in the building until you are reunited.
- If separated, call out to your parent/guardian or go to a sales person to ask for help.
- If anyone tries to take you out of the building yell "This is not my dad/mom!"
- Use the buddy system. Avoid separating and leaving one person alone.
- Be aware of common lures used by child predators.

## 3 STREET SAFETY

- Know your full name, parent/guardian's full name, address and telephone number.
- If asked to go somewhere make sure you have permission from your parent/guardian before you go.
- Ask parents/guardians for permission before going into someone's house\*.
- If offered something, do not accept it unless you have permission from your parent/guardian.

- When possible, use the buddy system when going to and from places.
- When walking to a friend's house, call your parent/guardian to let them know you've arrived safely. Call your parent/guardian before you leave to let them know you are on your way home.
- Use the same route to and from school daily.
- If uncomfortable at any time, trust your instincts, go home and tell a trusted adult.
- Avoid short cuts when alone. Stay on main roads and well lit areas.
- Avoid playing in abandoned buildings or isolated areas
- Identify with your parent/guardian safe places in the community that you can go to for help if you're in trouble.
- Be aware of common lures used by child predators.

\* If someone invites you into their home when you are delivering flyers, fundraising door-to-door, cutting lawns or shovelling snow, etc. make sure you have permission from your parent/guardian.

## 4 HOME ALONE SAFETY

- If possible, ask your parents/guardians if you can have a buddy/friend over. There is strength in numbers.
- Keep all doors and windows locked. Only open the door for people your parent/guardians have given you permission to let in.
- When answering the phone, always pretend a parent/guardian is home.
- Keep all emergency phone numbers by the telephone.
- Keep the volume on the T.V. and stereo turned low so that you can stay alert to your surroundings.
- Keep phone conversations with your friends short so the phone line is not busy, in case someone needs to contact you.
- Do not discuss in public that you will be home alone.